

Resultatliste

Aursjorittet

2008-08-02

Plass	Navn	Klubb	Mellomtid	Tid	Etter	
K50-54A						
1	inga smisethjell	no club	1:37:20,2	1:37:20,2		
2	Gunn Rigmor Astad	Team Avinor_	3:24:49,4	3:24:49,4	1:47:29,2	
Antall	2	Påmeldte: 4	Startende: 3	Ant. poster 2		
M55-59A						
1	Åsmund Wærnes	Neset Sperebank_	1:29:21,0	1:29:21		
Antall	1	Påmeldte: 1	Startende: 1	Ant. poster 2		
K20-24A						
1	Agnetha Rud	Ullensaker CK / ICA	1:29:24,0	1:29:24		
Antall	1	Påmeldte: 1	Startende: 1	Ant. poster 2		
M50-54A						
1	Olav Kamsvåg	NOTEAM	1:29:24,0	1:29:24		
Antall	1	Påmeldte: 1	Startende: 1	Ant. poster 2		
M60-64A						
1	Ola Storrøsten	NOTEAM	1:29:20,0	1:29:20		
Antall	1	Påmeldte: 2	Startende: 2	Ant. poster 2		
K17-19						
1	Tine Aagaard	BSK	1:26:13,3	30:24,4	45:32,7 38:46, 13:20:56,5	
2	Karoline Øverås	NOTEAM	1:45:21,9	34:32,6	50:32,0 44:46, 93:55:13,4	34:16,9
3	Kristin Reitan	NOTEAM	1:57:01,5	39:59,4	56:02,8 45:55, 14:18:58,8	58:02,3
4	Kari Kvernberg	NOTEAM	2:06:08,0	39:11,0	1:01:54,3 52:15, 439:28,7	1:18:32,2
Antall	4	Påmeldte: 4	Startende: 4	Ant. poster 2		
K20-24						
1	Line Monsås	Team Axxess	1:09:49,2	1:05:35,9	37:09,4 2:52:34,5	
2	Marit Takla	NTNUI	1:27:24,3	31:27,2	45:10,2 41:19, 23:25:20,9	32:46,4
3	Gøril Furu	NOTEAM	1:43:07,7	33:29,3	50:53,8 43:40, 53:51:11,3	58:36,8
Antall	3	Påmeldte: 5	Startende: 5	Ant. poster 2		
K25-29						
1	Line Foss	sk rye	1:08:06,3	26:22,7	37:25,9 37:53, 42:49:48,3	
2	Marthe Elise Værnes	Trondhjems VK	1:09:24,4	27:11,7	38:49,3 35:04, 42:50:29,8	00:41,5
3	Synnøve Røskaft Ystmark	Atmel Norway	1:35:36,0	31:16,3	46:47,0 42:05, 13:35:44,4	45:56,1
4	Ellen Aamodt	NOTEAM	1:35:35,0	33:52,5	1:33:10,4 3:42:37,9	52:49,6
5	Ingvill Heskestad Mykland	Nortura	1:37:24,7	33:35,6	49:16,9 47:36, 53:47:53,7	58:05,4
6	Nina Lines	sk rye	1:41:28,2	35:06,1	49:46,7 45:45, 93:52:06,9	1:02:18,6
7	Ingrid Bjørgum	NOTEAM	1:45:36,0	34:06,9	50:18,6 43:26, 23:53:27,7	1:03:39,4
8	Jannicke Endrerud	Rauma SK	1:44:06,0	35:30,0	1:37:23,5 3:56:59,5	1:07:11,2
9	Siri Mette Carlsen	Milslukern Sport	1:46:04,8	38:09,7	57:00,3 48:40, 64:09:55,4	1:20:07,1
10	Idun Skorpa Melvær	Rambøll BIL	1:56:55,4	36:55,7	51:36,5 46:19, 64:11:47,2	1:21:58,9
11	Synnøve Toven Olafsen	NOTEAM	1:55:00,0	38:22,9	55:48,6 1:02:34, 031:45,5	1:41:57,2
Antall	11	Påmeldte: 14	Startende: 14	Ant. poster 2		

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Plass	Navn	Klubb	Mellomtid	Tid	Etter
K30-34					
1	Siw Anita By	NOTEAM	1:23:23,5 29:01,1	42:31,2 38:55,83:13:51,6	
2	Birgitte Vestre	Tomrefjord il sykkel	1:29:55,7 29:29,7	42:52,9 36:20,03:18:38,3	04:46,7
3	Carina Sandberg	Agresso BIL	1:33:53,9 30:28,1	46:07,3 40:39,23:31:08,5	17:16,9
4	Anne Elisabeth Nerigård	Awilco	1:35:22,8 33:47,3	45:13,9 40:12,43:34:36,4	20:44,8
5	Siv Vik	Tomrefjord il sykkel	1:39:15,7 32:02,3	47:56,7 38:55,03:38:09,7	24:18,1
6	Trude Elde	NOTEAM	1:40:46,9 32:33,3	46:44,8 39:39,53:39:44,5	25:52,9
7	Dagrun Bye	skåla	1:33:46,8 31:21,5	46:25,9 1:01:1831:52:52,3	39:00,7
8	Katrine Torvik	NOTEAM	1:49:53,9 38:43,1	53:12,3 46:55,44:08:44,7	54:53,1
9	Marit Dyrendahl	Østmarka IL	2:05:27,7 38:56,0	1:00:24,6 47:0231:50,9	1:17:59,3
10	Ingrid Moen Rotvik	Østmarka IL	2:05:44,3 38:45,2	1:00:25,7 46:5631:51,2	1:17:59,6
11	Bente Sætereng	CK Krank1	1:45:43,2 36:02,3	51:41,5 1:26:4144:08,6	1:26:17,0
Antall	11	Påmeldte: 11	Startende: 11		Ant. poster 2
K35-39					
1	gunvor landsem	IK Rindals-Troll	1:17:41,5 27:29,6	39:26,2 37:02,13:01:39,4	
2	Tina Veseth Kristoffersen	Molde CK/ Sykkelhuset	1:18:27,3 28:49,9	39:23,1 35:51,53:02:31,8	00:52,3
3	Listbeth Albrektsen	Mosjøen og omegn	1:26:26,5 29:32,9	43:23,4 38:20,23:17:43,0	16:03,5
4	Kjersti Brustad	NOTEAM	1:33:00,4 31:14,8	46:10,9 40:45,93:31:12,0	29:32,5
5	Solveig Hestnes	Tomrefjord il sykkel	1:36:30,7 30:50,2	44:42,9 39:47,23:31:51,0	30:11,5
6	Hilde Apneseth	Skrytvasskollen	1:36:20,8 31:52,9	46:09,7 40:36,83:35:00,2	33:20,7
7	Birgitte Engen Dale	Team Dale Bruk	1:43:25,8 31:20,4	44:33,8 38:47,93:38:07,9	36:28,4
8	Kirsti Edøy	mck	1:37:53,5 33:27,5	47:01,4 42:08,83:40:31,2	38:51,7
9	SISSSEL HEGDAHL	NOTEAM	1:40:19,7 31:54,6	48:04,8 41:11,03:41:30,1	39:50,6
10	Gry Sletten	Midsund IL	1:40:43,2 34:08,8	49:41,5 43:43,73:48:17,2	46:37,7
11	Åse Britt S Rognerud	Lesja og Dovre	1:45:21,0 35:46,5	51:25,6 42:47,03:55:20,1	53:40,6
12	Hanne Holsæter	moldeck	1:46:08,6 34:59,6	54:39,2 42:39,73:58:27,1	56:47,6
13	Heidi Midtbø	NOTEAM	1:55:34,9 34:54,6	51:13,9 42:50,84:04:34,2	1:02:54,7
14	Kari Hole	Lesja og Dovre	1:58:56,8 37:51,1	48:42,4 42:58,34:08:28,6	1:06:49,1
15	liv-hege seglsten	NOTEAM	2:00:08,6 44:04,4	1:07:10,0 53:0444:27,1	1:42:47,6
Antall	15	Påmeldte: 17	Startende: 17		Ant. poster 2
K40-44					
1	Grete Kvande	trollheimen sykkelklubb	1:33:17,5 30:12,7	45:07,6 43:10,33:31:48,1	
2	Heidi KK Elnes	Team Dale Bruk	1:36:18,2 32:47,9	45:16,2 41:50,03:36:12,3	04:24,2
3	Berit Solseth	Bardu IL	1:37:13,1 32:59,0	45:21,1 42:30,53:38:03,7	06:15,6
4	Lisbeth Anita Nerland	Tomrefjord il sykkel	1:37:06,8 33:25,5	48:43,9 39:11,63:38:27,8	06:39,7
5	inger lise kvernberg	nesset ck	1:44:32,3 35:04,4	50:34,0 41:01,63:51:12,3	19:24,2
6	Bente Lyngstad	Lyngstad IL / HUMBIL	2:20:32,1 41:07,2	1:03:47,1 47:39,453:06,2	1:21:18,1
7	Beate Trosdahl	AXTeam	2:19:15,2 43:48,8	1:01:52,0 50:09,4155:05,1	1:23:17,0
Antall	7	Påmeldte: 9	Startende: 9		Ant. poster 2
K45-49					
1	Solvei Thuseth	Nesset Sparebank	1:33:53,0 31:22,6	47:51,0 44:32,93:37:39,5	
2	Ingebjørg Fjeldset	Skålheim IL	1:33:01,2 30:02,6	43:46,3 51:48,73:38:38,8	00:59,3
3	Mildrid Solli	Grøa IL	1:38:42,7 35:35,3	51:06,1 45:49,03:51:13,1	13:33,6
4	Anne Elin Berge	Gjensidige Sport	2:02:23,0 35:55,9	54:00,8 46:06,64:18:26,3	40:46,8
Antall	4	Påmeldte: 6	Startende: 6		Ant. poster 2
K50-54					
1	Gunn Bjerkeli Unhjem	Rauma sykkelklubb	1:36:06,5 33:23,1	46:27,3 42:19,13:38:16,0	
2	Ann Elin Øvergård	Fretex	1:55:28,7 32:50,3	47:17,0 39:36,93:55:12,9	16:56,9
3	Tove Gjerde	Geiranger IL	1:45:16,8 1:32:47,6	47:56,9 4:06:01,3	27:45,3

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Plass	Navn	Klubb	Mellomtid	Tid	Etter
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K50-54

4	Anne Aamodt	NOTEAM	2:02:47,6 42:29,7 2:10:43,2	4:56:00,5	1:17:44,5
Antall	4	Påmeldte: 4	Startende: 4	Ant. poster 2	

M25-29

1	Magnus Espeland	Neset CK Elite	57:47,9 22:05,6 32:10,4 31:25,3	2:23:29,2	
2	Thor Ole Vold	IL Stjørdals Blink	59:03,4 22:40,7 31:50,3 32:47,4	2:26:21,8	02:52,5
3	Henrik Grytbakk	TVK	1:03:02,2 22:49,8 33:10,5 32:51,0	2:31:53,5	08:24,2
4	Lars Aurebekk	molde ck	1:02:01,4 23:51,9 33:36,6 35:24,8	2:34:54,7	11:25,4
5	Jan Erlend Andersen	Orkla CK	1:08:07,0 24:49,7 34:27,0 36:35,6	2:43:59,3	20:30,4
6	Rune Skjølberg	TVK	1:10:59,9 25:19,3 35:38,8 35:03,9	2:47:01,9	23:32,6
7	Nils-Erik Ulset	Trollheimen sk	1:06:29,8 30:42,2 35:57,9 36:38,4	2:49:48,3	26:19,4
8	Øyvind Husby	Accenture BIL	1:15:09,3 25:19,8 36:49,3 35:21,3	2:52:39,7	29:10,4
9	Jørn Halås Sørthe	Kleive IL	1:14:06,3 26:23,9 39:06,0 38:54,7	2:58:30,9	35:01,6
10	Andreas Eieland	Atmel Norway	1:18:02,8 26:48,1 39:48,8 34:33,8	2:59:13,5	35:44,2
11	Rune Frøysa Åsprang	NTNUI	1:17:54,9 27:37,8 41:23,9 37:24,4	3:04:21,0	40:51,7
12	Kristian Størseth	norodd sykkel	1:23:24,9 26:20,0 39:41,3 35:19,4	3:04:45,6	41:16,3
13	Jørgen Brekke	trollheimen sykkelklubb	1:22:51,8 26:47,0 39:37,6 35:45,9	3:05:02,3	41:33,4
14	Ragnar Stene	Rauma SK	1:18:48,6 28:10,8 42:06,7 36:49,5	3:05:55,6	42:26,3
15	Frode Mikkelsen	trollheimen sykkelklubb	1:20:33,8 29:52,6 41:48,7 37:59,5	3:10:14,6	46:45,3
16	Håvard Jensås	statoilhydro BIL Stjørdal	1:27:24,7 28:40,4 43:00,2 36:52,9	3:15:58,2	52:28,9
17	Ingebrigt Meisingset	NTNUI	1:20:40,0 29:55,1 45:33,1 42:20,4	3:18:28,6	54:59,3
18	Rune Langlo Pedersen	NOTEAM	1:36:42,3 26:10,2 40:49,3 35:58,6	3:19:40,4	56:11,1
19	Stian Mork	Velledalen IL	1:25:37,1 31:03,8 44:58,7 39:12,2	3:20:51,8	57:22,5
20	Hans Olav Tjelle	NOTEAM	1:34:45,0 29:28,9 44:16,2 37:15,0	3:25:45,1	1:02:15,8
21	Geir Gravem	NOTEAM	1:29:05,8 29:23,4 45:28,4 41:51,5	3:25:49,1	1:02:19,8
22	Ove Lereggen	KLP BIL	1:34:23,6 29:59,3 44:22,9 38:43,3	3:27:29,1	1:03:59,8
23	Vidar Kristiansen	NOTEAM	2:02:50,0 34:06,8 56:23,3 46:33,9	4:19:54,0	1:56:24,7
24	Andreas Kjønsvik	NOTEAM	1:51:51,3 42:49,6 1:05:14,9 50:11,8	3:30:07,6	2:06:38,3
Antall	24	Påmeldte: 30	Startende: 30	Ant. poster 2	

M30-34

1	Jørund Rasten Leirvoll	nesset ck	1:29:38,9 33:09,9 32:51,3	2:35:40,1	
2	Håvard Bjerkeli	Team Axess	1:03:34,3 23:10,9 35:17,5 33:38,9	2:35:41,6	00:01,5
3	Per Steinar Linga	Ekornes BIL/Sykkylven	1:05:15,9 24:17,4 35:31,3 35:11,7	2:40:16,3	04:36,2
4	erik husby	Kristiansund Fjellklubb	1:07:05,5 24:20,4 35:32,0 33:21,7	2:40:19,6	04:39,5
5	Geir Nerland	Team Avinor	1:08:07,9 24:48,4 34:28,1 32:56,3	2:40:20,7	04:40,6
6	Tommy Andre Sande	molde ck	1:09:09,2 24:07,4 36:14,9 34:49,4	2:44:20,9	08:40,8
7	Arne Ove Rødstøl	ÅOC	1:09:36,1 24:23,2 35:27,1 36:28,9	2:45:55,3	10:15,2
8	Sturla Almberg	Nortura	1:12:38,2 24:40,7 34:51,7 34:18,2	2:46:28,8	10:48,7
9	Jostein Langset	Milslukern Sport	1:13:34,7 23:44,4 34:51,9 34:20,9	2:46:31,9	10:51,8
10	kim-sindre olsen	Sula sykkelklubb	1:10:01,6 24:40,7 38:22,9 35:22,4	2:48:27,6	12:47,5
11	robert sogge	SK Sykkylven	1:09:30,9 25:03,0 37:54,8 37:17,2	2:49:45,9	14:05,8
12	Alf Vik	Tomrefjord il sykkel	1:12:36,3 25:49,9 37:34,2 34:24,0	2:50:24,4	14:44,3
13	Jan Einar Hovden	Ulstein og omegn	1:15:07,9 25:22,9 36:13,0 34:02,4	2:50:46,2	15:06,1
14	Håkon Wang	EMGS BIL	1:15:08,2 25:21,5 37:36,9 34:32,1	2:52:38,7	16:58,6
15	Terje Hellum	fræna sykkelklubb	1:13:52,0 25:38,4 37:10,2 36:06,2	2:52:46,8	17:06,7
15	Lars Solnørda	NOTEAM	1:13:52,4 25:38,4 37:12,7 36:03,3	2:52:46,8	17:06,7
17	Kjetil Stokke	Team Axess_	1:14:22,5 26:42,6 38:51,3 34:49,8	2:54:46,2	19:06,1
18	Anstein Mykland	NTNUI	1:10:17,4 27:30,9 43:00,6 35:29,9	2:56:18,8	20:38,7
19	Arild Aasmeyr	Midsund IL	1:15:31,9 26:39,8 39:30,9 35:50,0	2:57:32,6	21:52,5
20	Tonny Uran	Molde Cykel Klubb	1:15:30,9 26:22,6 39:45,3 35:59,2	2:57:38,0	21:57,9
21	Tommy Soleim	NOTEAM	1:17:04,7 26:52,5 1:14:30,9	2:58:28,1	22:48,0
22	Kjetil Volent	EMGS BIL	1:19:22,0 26:56,2 39:10,8 33:41,9	2:59:10,9	23:30,8
23	Ståle Vestre	Tomrefjord il sykkel	1:21:28,3 27:11,6 39:39,3 36:01,0	3:04:20,2	28:40,1
24	Terje Osen	Team Velux Isola Maxit	1:20:50,6 28:00,2 40:30,2 35:41,9	3:05:02,9	29:22,8

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Plass	Navn	Klubb	Mellomtid			Tid	Etter
M30-34							
25	Ole Christian Smørdal	Mopil	1:19:40,2	28:07,1	41:57,0	35:19,03: 05:03,3	29:23,2
26	Terje Rian	Fosen SK	1:19:50,5	28:48,5	40:42,0	35:42,83: 05:03,8	29:23,7
27	edvin ole røen	øksendal il	1:19:21,2	27:36,1	42:50,7	38:40,83: 08:28,8	32:48,7
28	Jørn Aase	NOTEAM	1:26:16,1	27:46,9	40:33,1	34:29,83: 09:05,9	33:25,8
29	Dag Norstein	NOTEAM	1:26:13,7	27:47,1	40:35,6	36:47,93: 11:24,3	35:44,2
30	Erling Lausund	Sula sykkelklubb	1:25:57,2	28:38,7	40:05,4	36:52,63: 11:33,9	35:53,8
31	Trond Kjersem	Tomrefjord il sykkel	1:50:59,9	43:52,6	37:06,9	3:11:59,4	36:19,3
32	Ola Bøen	Sturla	1:24:02,4	28:06,7	43:06,6	37:36,33: 12:52,0	37:11,9
33	Ole-Richard Gerhardsen	molde ck	1:18:47,0	41:19,0	38:34,7	34:44,33: 13:25,0	37:44,9
34	Trond Crilly	Swire Oilfield Services	1:27:25,3	28:12,7	42:05,2	35:47,23: 13:30,4	37:50,3
35	Øyvind Fagerhol	Sula sykkelklubb	1:29:35,6	28:51,1	41:22,4	36:03,23: 15:52,3	40:12,2
36	Arnstein Hansen	TietoEnator	1:27:00,7	28:46,1	42:17,4	37:52,13: 15:56,3	40:16,2
37	Håvard Andreassen	Nordea Bank Sport	1:28:46,1	28:15,3	42:06,1	36:53,43: 16:00,9	40:20,8
38	Espen Berg-Hansen	molde ck	1:27:40,5	30:07,8	42:07,7	36:17,73: 16:13,7	40:33,6
39	Trond Sandvik	Adecco	1:29:28,1	28:58,1	41:26,0	36:25,13: 16:17,3	40:37,2
40	Tage Helmersen	NOTEAM	1:30:10,9	28:56,8	41:57,1	37:42,03: 18:46,8	43:06,7
41	Jim Erik Johansen	Team dale Bruk 2	1:29:15,8	29:45,4	43:27,2	38:24,83: 20:53,2	45:13,1
42	Tor Hovland	Powel	1:30:48,6	28:34,2	44:19,8	37:40,93: 21:23,5	45:43,4
43	Svein Martinsen	Smøla sykkelklubb	1:30:24,2	29:38,8	43:07,0	38:41,93: 21:51,9	46:11,8
44	Stein Arve Årseth	Volkswagen	1:31:11,0	31:55,5	42:01,0	37:16,63: 22:24,1	46:44,0
45	Morten bjerkås	Rennebu IL	1:25:23,7	33:05,2	44:44,9	39:45,43: 22:59,2	47:19,1
46	Trond Sylte	NOTEAM	1:31:33,6	29:01,7	44:31,8	37:52,63: 22:59,7	47:19,6
47	Ole Kristian Varhaugvik	National Oilwell	1:30:46,3	29:18,9	44:44,5	38:24,53: 23:14,2	47:34,1
48	Per Ivar Hyldbakk	Kvass	1:29:51,3	29:37,0	44:27,7	39:22,13: 23:18,1	47:38,0
49	Mark Hoult	N/A	1:24:56,1	30:48,6	54:11,1	37:43,13: 27:38,9	51:58,8
50	Ola Kjeldset	Powel	1:30:48,3	28:18,3	41:08,1	47:36,33: 27:51,0	52:10,9
51	Øystein Bye	Humbil	1:33:06,5	29:58,3	45:09,0	40:32,93: 28:46,7	53:06,6
52	Rolf Inge Sandblost	NOTEAM	1:35:13,3	31:02,1	45:45,2	38:04,03: 30:04,6	54:24,5
53	Patrick Hagen	NOTEAM	1:37:22,3	29:32,3	43:37,6	39:41,63: 30:13,8	54:33,7
54	Tore Skalde	vestbase	1:37:14,8	32:55,4	45:27,5	38:56,83: 34:34,5	58:54,4
55	Håvard Stenberg	KLP B.I.L.	1:41:58,9	29:41,1	45:03,9	38:55,33: 35:39,2	59:59,1
56	Bjørn Owe Ytterhaug	TVK	1:39:06,8	31:03,0	45:44,6	39:50,83: 35:45,2	1:00:05,1
57	Ivar Katmo	Webstep	1:40:20,7	31:31,6	45:38,3	40:37,93: 38:08,5	1:02:28,4
58	Thor Arne Johansen	Sula sykkelklubb	1:43:32,9	33:20,2	47:58,8	40:28,23: 45:20,1	1:09:40,0
59	Kenneth Scott Vestgøte	NOTEAM	1:38:49,7	34:02,3	51:33,5	45:25,23: 49:50,7	1:14:10,6
60	Rune Mathisen	Lyngstad IL / HUMBIL	1:40:39,1	33:55,0	52:51,9	42:42,03: 50:08,0	1:14:27,9
61	Jostein Dragset	Team Avinor_	1:42:55,6	33:41,9	52:40,7	44:10,13: 53:28,3	1:17:48,2
62	Bernt Hugo Moen	Lyngstad il	1:55:52,7	32:51,2	47:36,9	39:44,53: 56:05,3	1:20:25,2
63	Vegard Jensås	NOTEAM	1:52:35,4	35:37,3	53:37,2	43:28,24: 05:18,1	1:29:38,0
64	Arve Kjetil Pettersen	NOTEAM	1:56:06,0	33:38,7	53:23,8	42:54,54: 06:03,0	1:30:22,9
65	Per Johnny Hovin	NOTEAM	1:56:08,7	33:37,6	55:19,7	42:24,04: 07:30,0	1:31:49,9
66	Halvor Blekken	NOTEAM	1:45:20,2	50:33,2	49:32,5	44:04,54: 09:30,4	1:33:50,3
Antall	66	Påmeldte: 76	Startende: 76			Ant. poster 2	

M35-39

1	Even Chiodera	Frogner SK/ Team	57:49,4	22:04,7	32:09,4	33:20,5	2:25:24,0	
2	Knut Anders Fostervold	Nesset CK Elite	57:34,7	22:19,7	31:35,7	33:54,0	2:25:24,1	00:00,1
3	Geir Åge Rønneberg	Team Axess	1:01:13,9	23:16,6	32:17,3	33:44,72: 30:32,5		05:08,5
4	Jørn Almberg	TVK	1:03:01,4	22:50,2	33:08,6	32:53,32: 31:53,5		06:29,5
5	Kristian Stokke	Savalen sk	1:01:58,3	22:32,7	34:30,8	35:10,12: 34:11,9		08:47,9
6	Halvor Drøpping	trollheimen sykkelklubb	1:03:01,8	22:50,9	34:23,8	34:24,92: 34:41,4		09:17,4
7	Christian Birkeland	ÅOC	1:03:42,9	23:29,5	33:57,2	34:10,52: 35:20,1		09:56,1
8	Ole Petter Storstad	sk rye	1:05:15,6	23:25,0	33:36,0	33:26,42: 35:43,0		10:19,0
9	Trond Kristian Karlsen	oppdal SK	1:04:59,7	23:41,8	1:07:02,4	2:35:43,9		10:19,9
10	Arnt Johansen	molde ck	1:05:09,9	24:23,1	33:21,8	36:16,22: 39:11,0		13:47,0
11	Morten Sollid	Team dale Bruk 2	1:06:30,2	23:22,9	36:10,2	34:15,72: 40:19,0		14:55,0

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Plass	Navn	Klubb	Mellomtid			Tid	Etter
M35-39							
12	Lasse Skjølvold	Trollheimen sk	1:07:26,2	24:48,4	35:08,1	32:57,42:40:20,1	14:56,1
13	Pål Inge Sanden	Ottadalen SK	1:09:35,2	24:42,1	35:26,1	34:39,32:44:22,7	18:58,7
14	Are Skorgen	mck	1:10:59,2	25:22,2	1:09:18,9	2:45:40,3	20:16,3
15	Geir Ivar Hoem	Team dale Bruk 2	1:09:52,0	25:08,4	35:37,9	35:03,32:45:41,6	20:17,6
16	Tor Vang	Trollheimen sk	1:11:36,2	24:43,5	36:10,1	34:32,12:47:01,9	21:37,9
17	Øyvind Sporsheim	norodd	1:09:28,4	24:59,8	37:29,4	35:42,82:47:40,4	22:16,4
18	Kjell-Tore Øye Brøtmet	CK Victoria	1:11:36,3	25:23,4	38:01,9	35:26,52:50:28,1	25:04,1
19	Torgeir Moen	Støren c.k	1:07:27,1	25:50,6	38:37,3	40:26,42:52:21,4	26:57,4
20	Knut Roger Sesseng	molde ck	1:08:05,8	25:09,8	37:43,6	41:41,52:52:40,7	27:16,7
21	Even Landsem	PIL Sør-Trøndelag	1:15:07,9	25:57,7	37:28,3	34:56,72:53:30,6	28:06,6
22	Per-Tore Storbråten	Rauma sykkelklubb	1:17:30,8	25:34,9	37:00,8	34:37,02:54:43,5	29:19,5
23	Tor Koksvik	MOI	1:12:39,2	25:47,4	38:55,3	37:23,12:54:45,0	29:21,0
24	Rune Husvik	nesset ck	1:15:30,2	26:14,6	38:11,2	34:51,72:54:47,7	29:23,7
25	Inge Sæther	Trondhjems VK	1:03:34,0	26:17,9	43:19,3	42:53,32:56:04,5	30:40,5
26	Gunnar Gjeldvik	Team Axess	1:14:16,3	26:49,3	40:29,7	36:27,32:58:02,6	32:38,6
27	Ove Furset	M.O.I	1:17:02,4	26:49,7	38:27,4	36:07,72:58:27,2	33:03,2
28	Ståle Dullum	Stjørdals Blink	1:14:47,8	28:47,5	39:12,9	35:39,12:58:27,3	33:03,3
29	Stig-Einar Sørensen	Team Sykkelhuset	1:20:29,1	26:48,6	39:37,0	35:24,03:02:18,7	36:54,7
30	anders brøste	sunndal	1:17:43,4	27:15,6	39:39,6	39:05,43:03:44,0	38:20,0
31	Einar Røshol	molde ck	1:18:47,5	1:07:50,8	37:17,8	3:03:56,1	38:32,1
32	Eskil Sørvik	Trollheimen sk	1:20:46,2	27:19,8	39:34,6	36:16,73:03:57,3	38:33,3
33	Eivind Hestad	norodd	1:19:23,4	28:15,2	40:21,3	36:44,23:04:44,1	39:20,1
34	Pål Ranæs	Trollheimen sk	1:23:37,5	26:57,3	39:35,6	34:41,23:04:51,6	39:27,6
35	Rune Ellingseter	NOTEAM	1:21:29,8	27:44,0	40:10,9	35:43,03:05:07,7	39:43,7
36	Rune Gundersen	NOTEAM	1:24:01,9	27:17,3	39:49,8	36:17,43:07:26,4	42:02,4
37	Tore Gjøl	trollheimen sykkelklubb	1:22:41,2	27:54,1	41:11,0	36:37,33:08:23,6	42:59,6
38	Einar Ove Meek	NOTEAM	1:27:35,6	27:27,5	38:34,9	35:31,63:09:09,6	43:45,6
39	Erik Hagbø	Bugge Ck	1:15:30,3	29:28,9	46:27,3	40:15,33:11:41,8	46:17,8
40	Håvard Valderhaug	molde ck	1:25:33,7	27:49,6	42:33,7	36:56,63:12:53,6	47:29,6
41	svein Lindstad	norodd	1:19:02,8	30:28,4	45:23,4	38:03,93:12:58,5	47:34,5
42	Arne Gjethammer	molde ck	1:26:15,5	28:18,7	41:32,3	37:07,03:13:13,5	47:49,5
43	svein erik kristoffersen	NOTEAM	1:25:02,2	28:20,8	42:37,5	37:27,13:13:27,6	48:03,6
44	Åsmund Kleivenes	Gamle Oslo sykkelklubb	1:26:03,8	28:33,3	43:05,2	37:16,33:14:58,6	49:34,6
45	Torgeir Bye	Skåla IL	1:29:06,1	29:22,4	42:03,5	35:02,83:15:34,8	50:10,8
46	JOACHIM GREIFF	Namdal SK	1:29:18,2	29:07,5	41:11,2	36:16,03:15:52,9	50:28,9
47	Kyrre Skjetne	Nessegutten	1:31:34,0	27:49,2	40:30,5	36:17,13:16:10,8	50:46,8
48	Knut Inge Astad	molde ck	1:25:55,5	29:34,3	43:31,9	37:11,23:16:12,9	50:48,9
49	Oddbjørn Skalde	molde ck	1:27:40,0	27:47,1	42:19,4	38:27,13:16:13,6	50:49,6
50	Svein Sagbakken	Team Contar	1:32:18,1	28:17,5	39:52,9	35:51,03:16:19,5	50:55,5
51	geir-kåre øvrelid	ulstein & omegn	1:29:03,1	29:00,0	40:48,1	38:29,63:17:20,8	51:56,8
52	ivar øvrelid	ulstein og omegn	1:28:00,1	29:28,6	42:24,5	38:35,53:18:28,7	53:04,7
53	Tom Edvard Meek	MIL	1:29:49,5	28:49,8	42:55,5	36:55,03:18:29,8	53:05,8
54	Johnny Gerhardsen	Hafslund sykkelklubb	1:29:01,5	29:51,2	1:19:44,9	3:18:37,6	53:13,6
55	karstein opstad	Midsund IL	1:26:07,7	29:00,5	45:31,1	39:00,93:19:40,2	54:16,2
56	John O. Ferstad	Quality Hotel Grand	1:28:09,5	29:28,3	42:45,3	39:30,13:19:53,2	54:29,2
57	Håvard Valøen	NOTEAM	1:23:01,2	39:01,7	41:50,3	36:58,03:20:51,2	55:27,2
58	Lars Drøyvold	IT NOR	1:28:47,6	30:49,1	42:45,8	38:31,33:20:53,8	55:29,8
59	Thomas Moger	Sykehuset Lillehammer	1:26:36,5	30:32,3	45:10,8	39:06,33:21:25,9	56:01,9
60	Frank Robert Håpnes	Ica	1:28:53,5	30:44,1	44:51,4	37:29,03:21:58,0	56:34,0
61	Håvard Stokkeland	Team Avinor	1:29:42,0	29:53,5	43:57,2	39:26,13:22:58,8	57:34,8
62	Geir Andresen	molde ck	1:32:47,0	31:00,8	42:59,5	37:20,63:24:07,9	58:43,9
63	Joakim Varvin	NOTEAM	1:31:42,2	31:20,7	45:36,0	39:28,63:28:07,5	1:02:43,5
64	sverre Nes	trollheimen sykkelklubb	1:35:13,4	31:40,1	45:01,8	38:15,53:30:10,8	1:04:46,8
65	Erik Sivertsen	Ingen	1:28:41,2	30:34,3	47:56,8	43:14,93:30:27,2	1:05:03,2
66	Jan Betten	trollheimen sykkelklubb	1:28:18,9	33:13,2	50:32,6	39:39,03:31:43,7	1:06:19,7
67	roger visnes	molde ck	1:37:14,5	30:16,8	44:32,6	39:48,63:31:52,5	1:06:28,5
68	Per-Christian Håpnes	NOTEAM	1:37:24,4	29:29,6	45:08,1	39:52,83:31:54,9	1:06:30,9

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M35-39								
69	Tom Lønseth	molde ck	1:34:10,2	32:17,1	46:13,0	39:16,33:	31:56,6	1:06:32,6
70	Anders Alstad	Systor	1:38:33,0	30:32,3	48:00,8	37:17,53:	34:23,6	1:08:59,6
71	Eivind Fjeldstad	NSVK-Statoil BIL	1:37:56,0	30:35,5	45:48,4	40:25,03:	34:44,9	1:09:20,9
72	Per Erik Røhr	AGRESSO	1:37:32,3	34:59,8	47:35,2	39:59,33:	40:06,6	1:14:42,6
73	Vegard Øverås Lied	nesset ck	1:40:34,8	32:27,6	51:13,6	41:01,53:	45:17,5	1:19:53,5
74	Erik Opdahl	Norodd CK	1:44:17,9	32:34,6	49:48,4	38:37,03:	45:17,9	1:19:53,9
75	Jan-Fredrik Laskerud	NOTEAM	1:52:17,4	32:08,4	49:02,0	42:43,73:	56:11,5	1:30:47,5
76	Geir Ove Norum	NOTEAM	1:48:46,1	31:22,7	50:56,8	45:07,93:	56:13,5	1:30:49,5
77	Torgeir Trondsen	NOTEAM	1:42:11,2	37:49,5	1:00:50,4	43:13,50:	40:04,6	1:38:40,6
78	Arve Pedersen	Team Avinor	1:49:41,0	36:25,3	54:44,3	44:11,14:	05:01,7	1:39:37,7
79	Knut Ugelvik-Bognø	National Oilwell Varco	1:59:43,4	38:16,3	57:07,6	45:59,64:	21:06,9	1:55:42,9
80	Alf Kåre Parr	Medi3 Fysioterapi	1:58:58,2	36:43,5	59:16,3	50:08,34:	25:06,3	1:59:42,3
81	Atle Maude	NOTEAM	1:55:22,9	33:19,5	1:13:05,4	46:20,42:	08:08,2	2:02:44,2
Antall	81	Påmeldte: 94	Startende: 94			Ant. poster 2		

M40-44

1	Erik Jordahl	Norodd SK	59:47,5	21:56,6	31:50,5	32:47,0	2:26:21,6	
2	Kjetil Bolme	Trollheimen sk	1:04:22,4	23:30,6	34:30,9	33:19,12:	35:43,0	09:21,4
3	dagroar flemmen	mck	1:03:42,3	24:06,1	34:29,9	33:24,82:	35:43,1	09:21,5
4	rune kvande	trollheimen sykkelklubb	1:06:29,4	23:10,4	33:09,6	32:54,22:	35:43,6	09:22,0
5	Nils Henning Pettersen	molde ck	1:07:26,4	23:39,5	33:58,9	34:20,72:	39:25,5	13:03,9
6	Ingvar Sletbakk	NOTEAM	1:07:30,6	23:53,4	34:59,4	33:55,72:	40:19,1	13:57,5
7	Olve Skjetne	Raufoss&Gjøvik SK	1:08:07,0	25:09,2	36:12,6	34:42,62:	44:11,4	17:49,8
8	Roger Metlie	NOTEAM	1:09:28,6	24:31,1	35:30,1	34:52,32:	44:22,1	18:00,5
9	Tom Jacobsen	Sedicon	1:09:24,0	24:55,9	36:49,1	34:51,42:	46:00,4	19:38,8
10	Geir Helge Heggland	Subsea 7	1:11:13,1	25:07,6	36:15,4	35:03,12:	47:39,2	21:17,6
11	Kjetil Sogge	Trollheimen sk	1:11:14,4	25:05,1	36:10,5	35:09,72:	47:39,7	21:18,1
12	Einar Spjøtvoll	TVK	1:14:21,7	25:25,1	36:55,6	34:08,62:	50:51,0	24:29,4
13	Olav Heggstad	Lyngstad il	1:13:21,6	25:06,2	38:38,8	33:46,12:	50:52,7	24:31,1
14	Frank Brandstad	norodd	1:41:30,9	36:42,5	34:23,9		2:52:37,3	26:15,7
15	Tore skaslien	oppdal SK	1:15:29,5	26:01,0	36:43,1	34:26,72:	52:40,3	26:18,7
16	Arne Erik Dalheim	NOTEAM	1:12:49,2	26:49,6	38:47,3	36:16,82:	54:42,9	28:21,3
17	Olav Lund	Støren Sykkelklubb	1:16:08,8	26:17,3	38:44,3	35:06,42:	56:16,8	29:55,2
18	RUNE MAALØ	G-Sport Stjørdal	1:14:47,2	26:05,5	39:24,0	36:00,42:	56:17,1	29:55,5
19	Rune Veie	Det norske	1:17:09,6	26:42,0	37:52,4	36:06,92:	57:50,9	31:29,3
20	Ingvar Ola Eliassen	stranda sykkelklubb	1:17:02,5	26:47,5	38:23,9	36:16,12:	58:30,0	32:08,4
21	Helge Orten	Midsund IL	1:17:22,9	26:34,6	38:20,1	36:12,92:	58:30,5	32:08,9
22	Rolv Myrum	Otta il	1:14:18,6	27:14,4	39:40,4	37:30,32:	58:43,7	32:22,1
23	Ivar Sæter	3S Prosjekt	1:20:42,1	26:55,5	37:57,6	33:34,42:	59:09,6	32:48,0
24	Terje Mahle	Team dale Bruk 2	1:17:13,7	26:39,4	40:03,4	35:13,92:	59:10,4	32:48,8
25	Dagfinn Rognerud	Lesja og Dovre	1:17:22,2	26:05,8	38:37,0	37:05,82:	59:10,8	32:49,2
26	Kjell Fremstad	Hommelvik IL	1:16:10,5	28:41,6	40:03,6	36:39,03:	01:34,7	35:13,1
27	Roy Tore Sandnes	Molde og Omegn IF	1:21:37,2	26:40,1	38:37,3	35:23,13:	02:17,7	35:56,1
28	Terje Hyldmo	Ramme Alvor SK	1:19:22,4	26:25,3	39:41,6	36:51,83:	02:21,1	35:59,5
29	Per Kristian Berge	TVK	1:18:48,2	27:27,7	40:37,4	35:28,53:	02:21,8	36:00,2
30	Paal Strand	Norske Skog Skogn BIL	1:19:18,6	27:34,0	39:57,8	36:39,33:	03:29,7	37:08,1
31	Jan-Erik Rundfloen	Lillehammer CK	1:18:40,4	27:35,0	40:33,8	37:13,53:	04:02,7	37:41,1
32	Fred Gisle Pettersen	Lyngstad OIL	1:21:37,8	27:09,2	39:32,8	36:01,63:	04:21,4	37:59,8
33	Håkon Fagerhaug Gustavsen	Oppdal sykkelklubb	1:23:46,9	26:21,1	39:10,6	35:29,13:	04:47,7	38:26,1
34	rune hindseth	oppdal SK	1:18:41,2	28:51,8	40:20,8	36:54,33:	04:48,1	38:26,5
35	Stig Eidesmo	Malvik IL	1:20:16,5	28:06,1	41:05,5	37:04,83:	06:32,9	40:11,3
36	Johan Gardien	stranda sykkelklubb	1:19:27,7	28:06,7	40:07,9	38:50,93:	06:33,2	40:11,6
37	Rolf Leksen	fræna sykkelklubb	1:21:41,7	28:22,9	41:43,6	35:19,93:	07:08,1	40:46,5
38	Bjørn Oskar Holstad	Ulstein og omegn	1:22:54,6	28:05,7	40:40,9	35:46,53:	07:27,7	41:06,1
39	Ben Erik Sira	Ørsta Sykkelklubb	1:18:28,9	27:18,3	41:43,4	40:34,63:	08:05,2	41:43,6
40	Jo-André Herje	Holmemstranda IL	1:22:37,6	27:26,6	41:20,1	36:57,73:	08:22,0	42:00,4

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Plass	Navn	Klubb	Mellomtid			Tid	Etter
M40-44							
41	Ola Resell	Det norske	1:22:11,1	27:55,5	40:51,8	38:07,83:09:06,2	42:44,6
42	Ivar Andreas Opdahl	NOTEAM	1:23:59,2	27:49,0	40:58,1	36:20,43:09:06,7	42:45,1
43	Kurt Iversen	moldeck	1:19:41,5	29:10,1	43:50,9	36:27,23:09:09,7	42:48,1
44	Harald Pedersen	National Oilwell Varco	1:26:33,0	28:03,6	40:12,7	36:31,03:11:20,3	44:58,7
45	Per Ove Bø	Tomrefjord il sykkel	1:24:32,7	28:49,4	41:27,7	36:36,63:11:26,4	45:04,8
46	Svein Otto Larssen	Børsa il	1:23:53,1	29:18,7	41:55,6	38:08,03:13:15,4	46:53,8
47	Ove Gikling	NOTEAM	1:25:32,7	28:27,5	42:01,1	37:37,53:13:38,8	47:17,2
48	Erlend Nervik	Norcem	1:26:21,1	28:46,0	41:27,2	37:13,83:13:48,1	47:26,5
49	Alf William Ofstad	norodd sykkel	1:25:46,0	28:49,0	44:28,5	37:12,23:16:15,7	49:54,1
50	Geir Are Nautnes	Gossen IL	1:26:32,8	29:06,1	43:31,9	39:19,03:18:29,8	52:08,2
51	Kjell Inge Hestad	NOTEAM	1:25:29,4	29:04,0	44:44,8	39:26,33:18:44,5	52:22,9
52	Bjørn Smisethjell	motek sykkelklubb	1:31:21,6	29:05,3	42:11,3	37:13,83:19:52,0	53:30,4
53	tore gjelsten	tomrefjord sykkel	1:29:38,7	29:08,2	43:31,8	37:37,63:19:56,3	53:34,7
54	Knut Arne Vike	Neset Sparebank	1:34:29,1	29:44,1	40:55,4	36:44,53:21:53,1	55:31,5
55	Bård Eiliv Oppigård	Neset Sparebank	1:34:35,2	29:37,5	40:56,1	37:14,33:22:23,1	56:01,5
56	Rune Erik Aasen	Trollheimensk	1:29:15,3	31:10,0	44:40,0	37:18,83:22:24,1	56:02,5
57	Inge Gjeldvik	Team Aress	1:30:27,5	28:48,3	43:29,9	40:05,33:22:51,0	56:29,4
58	Bjørn Ohrvik	NOTEAM	1:30:29,2	29:58,6	44:10,7	38:45,63:23:24,1	57:02,5
59	Rune Sagbakken	Team Contar	1:32:33,6	31:49,7	41:22,1	38:21,83:24:07,2	57:45,6
60	Rolf Sture Normann	Acando BIL	1:29:49,4	31:09,5	1:24:49,4	3:25:48,3	59:26,7
61	Odd Kristian Ramfjord	NOTEAM	1:19:52,5	36:34,3	45:49,3	43:34,63:25:50,7	59:29,1
62	Christian de Courcy	sunndal	1:35:33,9	29:02,5	44:07,3	38:43,33:27:27,0	1:01:05,4
63	Hallgeir Holen	NOTEAM	1:30:28,5	30:58,9	46:24,5	40:16,23:28:08,1	1:01:46,5
64	Kato Dale	Team Dale Bruk	1:31:11,9	30:52,8	46:31,2	41:46,13:30:22,0	1:04:00,4
65	Kjell Inge Søvik	Team dale Bruk 2	1:34:29,8	30:08,0	45:50,4	41:26,03:31:54,2	1:05:32,6
66	Geir Aas	fræna sk./skanska	1:37:36,2	30:57,3	45:43,3	40:11,33:34:28,1	1:08:06,5
67	Nils Rudi	NOTEAM	1:32:16,5	32:23,0	47:07,6	42:47,53:34:34,6	1:08:13,0
68	Stig Roger Wullum	SURK	1:35:35,6	34:06,0	50:36,3	39:25,63:39:43,5	1:13:21,9
69	Kjetil Myren	fræna sykkelklubb	1:39:13,5	33:11,9	48:07,6	41:58,93:42:31,9	1:16:10,3
70	Kristian Eidem	fræna sykkelklubb	1:48:51,0	31:33,4	47:38,2	40:08,73:48:11,3	1:21:49,7
71	Rasmus Bjerkan	NOV Bil / Molde CK	1:42:13,1	33:07,5	52:31,0	41:19,23:49:10,8	1:22:49,2
72	Børge Strand	Team Avinor	1:49:13,4	31:41,7	50:28,7	40:42,13:52:05,9	1:25:44,3
73	Roger Nerland	NOTEAM	1:43:48,3	32:47,1	52:20,3	44:36,13:53:31,8	1:27:10,2
74	Vidar Hals	Humbil	1:48:04,0	32:51,1	51:25,6	42:57,53:55:18,2	1:28:56,6
75	Liv Synnøve Hoel	Rival	1:46:08,3	35:01,6	55:08,4	48:08,24:04:26,5	1:38:04,9
76	Markus Fürtauer	1. NSC	1:56:41,1	33:25,2	53:51,5	44:05,14:08:02,9	1:41:41,3
77	Odd-Helge Gravem	SURK	1:57:47,7	35:56,4	54:34,8	45:57,14:14:16,0	1:47:54,4
78	Arild Einbu	Lesja og Dovre	1:58:56,2	37:53,2	55:04,1	46:19,34:18:12,8	1:51:51,2
79	Hermann Kiperberg	Isfjorden I L	1:59:59,4	35:06,4	59:52,8	50:53,44:25:52,0	1:59:30,4
Antall	79	Påmeldte: 94	Startende: 94			Ant. poster 2	

M45-49

1	Frode Kolstad	molde ck	1:01:59,9	22:31,2	32:15,4	33:01,22:29:47,7	
2	Roger Thun	NOTEAM	1:06:30,3	23:09,7	33:10,0	32:50,62:35:40,6	05:52,9
3	Erik Landheim	Savalen sk	1:05:14,8	23:53,1	34:16,4	35:12,42:38:36,7	08:49,0
4	Tore Pettersen	MOI	1:08:08,8	25:08,5	36:59,7	34:05,62:44:22,6	14:34,9
5	Odd Bjørsvik	molde ck	1:09:49,8	24:37,8	36:42,1	34:29,22:45:38,9	15:51,2
6	Stein Rønning	Gjensidige	1:09:27,9	24:49,9	36:28,9	35:19,42:46:06,1	16:18,4
7	bjørn ove ansnes	oppdal	1:07:25,8	25:26,0	36:54,3	36:44,42:46:30,5	16:42,8
8	Bonde Nordset	Lesja og Dovre	1:09:38,7	24:48,4	37:21,5	35:35,72:47:24,3	17:36,6
9	geir verpeide	stranda sykkelklubb	1:10:00,4	1:01:56,0	35:44,2	2:47:40,6	17:52,9
10	Terje Iveland	Hydro BIL	1:12:37,9	25:50,2	37:34,4	34:22,42:50:24,9	20:37,2
11	Bjørn Endre Dyrseth	TVK	1:11:14,8	25:32,7	38:38,5	34:59,32:50:25,3	20:37,6
12	Aage Eliassen	molde ck	1:14:22,9	26:01,8	36:14,0	34:08,62:50:47,3	20:59,6
13	Hans Petter Ranvik	nesset ck	1:12:49,9	26:03,7	37:42,3	34:11,92:50:47,8	21:00,1
14	josef grothe	ottadalen sykkelklubb	1:14:05,8	25:25,6	37:10,9	34:08,62:50:50,9	21:03,2

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Plass	Navn	Klubb	Mellomtid			Tid	Etter
M45-49							
15	Per-Otto Rundgreen	DnB NOR Sport	1:12:47,0	26:28,4	37:46,4	37:33,22: 54:35,0	24:47,3
16	Geir Gjelsten	Humbil	1:14:25,8	26:05,6	38:05,0	36:30,42: 55:06,8	25:19,1
17	Andreas Welander	oppdal SK	1:16:50,2	26:59,5	38:49,2	35:49,82: 58:28,7	28:41,0
18	Bjørn Helgesen	AVINOR	1:12:50,1	32:09,6	39:35,6	34:39,22: 59:14,5	29:26,8
19	Finn-Roger Hoff	Statoil Stjørdal BIL	1:17:04,0	27:47,9	39:45,2	37:12,73: 01:49,8	32:02,1
20	kjetil aune	Midsund IL	1:21:37,3	26:40,4	38:09,8	35:45,23: 02:12,7	32:25,0
21	Bjørn M Bergseth	molde ck	1:19:46,2	26:36,8	39:15,8	36:37,83: 02:16,6	32:28,9
22	Stig Lyngstad	Lyngstad I.L	1:18:02,0	28:14,7	40:24,2	36:50,13: 03:31,0	33:43,3
23	olav Strømsvåg	Andebarkji TSK	1:19:38,1	27:45,2	39:20,6	37:07,23: 03:51,1	34:03,4
24	Bjørn Brubæk	Neset Sparebank	1:18:33,1	27:55,1	40:29,5	37:44,43: 04:42,1	34:54,4
25	Svein Jostein Solem	Trollheimen sk	1:20:16,0	28:26,4	42:39,2	35:47,83: 07:09,4	37:21,7
26	Olaf Lurvik	Ranheim	1:12:36,7	30:06,7	50:31,4	34:04,73: 07:19,5	37:31,8
27	Lars Lurvik	TVK	1:12:35,1	30:08,3	50:30,4	34:06,13: 07:19,9	37:32,2
28	Pål Hestegrei	Gjensidige Sport	1:17:53,8	27:16,9	47:23,4	34:46,63: 07:20,7	37:33,0
29	Arne Hammerø	Lyse BIL	1:20:20,5	28:25,7	41:45,5	38:00,63: 08:32,3	38:44,6
30	Geir Talset	Rauma sykkelklubb	1:26:11,6	27:44,6	40:42,8	34:23,23: 09:02,2	39:14,5
31	Tore Monsen	MFK	1:25:41,5	27:07,8	39:12,3	37:02,83: 09:04,4	39:16,7
32	PER STORSTAD	molde ck	1:22:26,1	27:26,7	41:59,8	39:33,63: 11:26,2	41:38,5
33	Inge Arild Oterhals	Molde CK / Skanska	1:23:00,1	28:35,0	41:48,7	38:44,53: 12:08,3	42:20,6
34	Jan Rød	nesset ck	1:23:37,0	29:44,4	42:37,7	37:49,73: 13:48,8	44:01,1
35	Palmer Vikan	trollheimen sykkelklubb	1:27:58,4	29:04,8	42:47,5	36:01,53: 15:52,2	46:04,5
36	Tore Olav Storvik	National Oilwell Varco	1:27:12,8	29:56,8	1:19:01,9	3:16: 11,5	46:23,8
37	Magne Bjørnstad	Trollheimen sk	1:24:51,5	29:07,3	41:23,4	42:19,73: 17:41,9	47:54,2
38	John Frode Solheim	Oppdal sykkelklubb	1:26:32,6	28:44,6	44:03,6	38:28,53: 17:49,3	48:01,6
39	Tore Birkeland	Rival	1:31:20,1	29:07,8	42:11,5	37:16,73: 19:56,1	50:08,4
40	Stig Søvik	Lillehammer Skiklub	1:27:26,6	31:55,2	44:05,8	37:57,63: 21:25,2	51:37,5
41	ove strand	volda bil	1:30:47,3	28:38,7	44:33,3	38:16,93: 22:16,2	52:28,5
42	Kjell Arne Vasset	Sula sykkelklubb	1:29:27,6	30:34,7	43:46,5	38:49,33: 22:38,1	52:50,4
43	Terje Sandnes	BIL Norske Skog Skogn	1:28:03,9	32:06,6	44:59,2	37:45,83: 22:55,5	53:07,8
44	Helge Lange	batnfjord il	1:30:55,2	29:12,6	42:36,7	40:18,53: 23:03,0	53:15,3
45	Aage Grimsmo	Trollheimen sk	1:27:50,9	30:30,3	46:15,1	38:46,73: 23:23,0	53:35,3
46	Geir Arne Rødde	StatoilHydro Stjørdal BIL	1:30:10,0	30:28,3	44:36,9	40:20,13: 25:35,3	55:47,6
47	Kåre Toven	NOTEAM	1:30:34,6	31:01,4	44:54,2	39:24,23: 25:54,4	56:06,7
48	Helge Storvik	NOTEAM	1:34:37,2	29:50,1	43:45,0	39:50,93: 28:03,2	58:15,5
49	Sven-Jørgen Lindsetmo	Henning skilag	1:33:55,1	32:20,7	45:10,4	38:44,43: 30:10,6	1:00:22,9
50	Dag Otto Skar	Fylkesmannen i Sør-	1:33:48,8	30:25,4	46:08,2	40:23,63: 30:46,0	1:00:58,3
51	Andreas Radtke	NTNU-BIL	1:37:28,6	30:42,7	45:56,6	40:19,73: 34:27,6	1:04:39,9
52	Øystein Heggdal	Gjensidige	1:36:39,5	32:50,2	44:11,6	41:13,43: 34:54,7	1:05:07,0
53	Hans Kristian Hatle	Team Dale Bruk	1:37:38,2	32:01,2	44:43,2	41:45,13: 36:07,7	1:06:20,0
54	Roald Løseth	fræna sykkelklubb	2:10:09,2	47:59,7	39:57,9	3:38: 06,8	1:08:19,1
55	jim kvernberg	nesset ck	1:44:44,5	32:57,7	46:03,7	38:58,73: 42:44,6	1:12:56,9
56	Terje Ørbog	IL Ulvungen	1:37:36,1	34:03,5	47:38,6	43:51,83: 43:10,0	1:13:22,3
57	Gunnar Bergsvik	skåla	1:38:30,3	35:13,9	48:23,8	43:20,83: 45:28,8	1:15:41,1
58	Ivar Øyen	MOI	1:43:58,0	33:32,3	49:55,0	40:52,43: 48:17,7	1:18:30,0
59	gøran reklev	Servi Motion Control	1:43:06,8	34:56,1	48:27,1	42:23,23: 48:53,2	1:19:05,5
60	Geir Ole Schön	Team Dale Bruk	2:23:31,2	49:28,0	39:53,7	3:52: 52,9	1:23:05,2
61	Olav Nerland	molde ck	1:45:29,1	32:35,9	54:18,1	40:30,13: 52:53,2	1:23:05,5
62	Kenneth Klemetzen	Molde Sjukehus BIL	1:36:21,5	35:02,8	52:16,9	49:42,83: 53:24,0	1:23:36,3
63	Trond Inge Svendsen	Ørsta Sykkelklubb	1:48:44,9	37:32,2	52:41,8	44:27,34: 03:26,2	1:33:38,5
64	Trond Skalstad Pedersen	Molde	1:53:32,5	33:34,6	54:37,4	42:49,24: 04:33,7	1:34:46,0
65	Geir Charles Hansen	nortura Trondheim	2:29:38,2	41:34,3	43:35,7	47:05,34: 41:53,5	2:12:05,8
Antall	65	Påmeldte: 76	Startende: 76			Ant. poster 2	

M45-50

1	Arve Høgseth	NOTEAM	1:36:06,6	33:25,6	48:44,4	39:55,13: 38:11,7	
Antall	1	Påmeldte: 1	Startende: 1			Ant. poster 2	

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Plass	Navn	Klubb	Mellomtid			Tid	Etter
M50-54							
1	Terje Gjengaar	Mosjoen / 10 Ski & Cykel	1:08:51,8	24:04,3	34:27,6	32:56,12:40:19,8	
2	Oddvar Hindseth	oppdal SK	1:07:04,8	25:09,6	35:48,5	36:22,42:44:25,3	04:05,5
3	Halvard Sanden	IL Ulvungen	1:11:15,3	24:52,2	36:23,7	36:03,42:48:34,6	08:14,8
4	Arild Aamodt	CK Krank1	1:11:16,9	25:43,1	36:48,3	34:47,72:48:36,0	08:16,2
5	Andreas Ringdal	Molde Cyckleklubb	1:19:02,4	26:15,6	38:07,3	35:44,62:59:09,9	18:50,1
6	Jan Helge Djupvik	Ulstein og omegn	1:19:19,4	26:00,3	39:19,4	34:31,72:59:10,8	18:51,0
7	Bjørn Lurvik	Tyholt SSK	1:20:41,7	27:32,8	40:21,2	36:07,73:04:43,4	24:23,6
8	Jo Andersen	TVK	1:22:58,7	27:35,7	40:24,7	36:11,83:07:10,9	26:51,1
9	Odd Magnar Vognild	Neset Sparebank	1:22:06,5	28:54,4	41:19,6	36:33,63:08:54,1	28:34,3
9	Bjørn Sletbakk	Tingvoll IL	1:20:41,2	28:05,5	42:04,2	38:03,23:08:54,1	28:34,3
11	Bjørn Nøsavik	Molde sykkelklubb	1:22:17,6	28:28,9	41:01,4	38:28,43:10:16,3	29:56,5
12	Endre Vikan	National Oilwell Varco	1:26:22,2	28:27,3	40:45,8	35:52,93:11:28,2	31:08,4
13	Gunnar Gravem	Sunndal Sykkelklubb	1:28:52,5	26:54,1	40:51,6	36:11,83:12:50,0	32:30,2
14	Trond Svinvik	Trollheimen sk	1:29:05,2	29:16,4	41:28,2	36:25,23:16:15,0	35:55,2
15	Svein Neerland	molde ck	1:27:40,9	29:16,6	42:51,4	36:27,43:16:16,3	35:56,5
16	Bjørn Bergsvik	Skåla IL	1:24:30,9	29:26,5	43:29,9	38:53,23:16:20,5	36:00,7
17	Rune Stølen	Tingvoll	1:25:15,5	28:58,4	43:36,0	42:02,93:19:52,8	39:33,0
18	Tarjei Rygnestad	Tyholt ski & sykkel	1:33:33,2	28:00,5	42:02,3	37:17,13:20:53,1	40:33,3
19	Lars Vassli	nesset ck	1:26:18,2	28:20,2	45:36,6	41:24,73:21:39,7	41:19,9
20	Göte Lindroos	NOTEAM	1:31:56,1	30:21,7	44:13,9	39:25,63:25:57,3	45:37,5
21	Ronny Solli	Hydro BIL	1:29:49,3	31:26,4	44:30,9	41:19,03:27:05,6	46:45,8
22	Hans Otto Olsen	NOTEAM	1:33:50,1	30:39,6	43:53,6	38:48,93:27:12,2	46:52,4
23	Tor Ivar Solberg	Tyholt ski og sykkel	2:04:11,8	45:01,9	39:36,9	3:28:50,6	48:30,8
24	Kjell Børge Olsen	Fræna sk	1:41:56,9	29:59,1	43:26,7	38:03,83:33:26,5	53:06,7
25	Odd-Arild Kortgård	Skålheim IL	1:40:37,2	29:03,4	44:00,4	44:21,23:38:02,2	57:42,4
26	Oddvar Olafsen	NOTEAM	1:42:49,7	30:21,6	44:10,4	41:03,13:38:24,8	58:05,0
27	Jan Frode Helmersen	norodd	2:09:35,6	50:01,2	40:49,6	3:40:26,4	1:00:06,6
28	Per Einar Strand	NOTEAM	1:38:26,7	31:44,4	47:17,7	43:37,83:41:06,6	1:00:46,8
29	Steinar Knutsen	Rullande steinar	1:40:18,7	32:12,9	49:28,6	43:04,83:45:05,0	1:04:45,2
30	Mathias Øvrebø	fræna sykkelklubb	1:39:10,7	33:17,6	51:30,0	47:12,73:51:11,0	1:10:51,2
31	Bjørn Høgseth	Norodd CK	1:45:18,8	34:33,2	51:34,4	43:51,53:55:17,9	1:14:58,1
32	Gunnar Gjerde	MX-SPORT EIDE	2:03:54,1	37:03,5	56:24,0	47:30,74:24:52,3	1:44:32,5
Antall	32	Påmeldte: 45	Startende: 45			Ant. poster 2	

M55-59

1	Svein Harald Tølneset	Savalen S.K	1:11:17,6	25:42,6	37:46,5	36:04,12:50:50,8	
2	Ove Unhjem	Rauma sykkelklubb	1:14:17,4	26:36,1	36:42,8	37:11,92:54:48,2	03:57,4
3	KOLBJØRN Nerland	frænasykkelklubb	1:18:42,9	27:34,3	39:19,4	36:36,53:02:13,1	11:22,3
4	Viggo Reinert	Namdal sykkelklubb	1:20:00,5	28:42,9	39:34,1	38:51,23:07:08,7	16:17,9
5	Asbjørn Aasen	M.O.I.	1:21:12,5	27:27,0	41:25,1	37:05,63:07:10,2	16:19,4
6	Terje Skifte	NOTEAM	1:19:57,5	28:09,2	43:32,1	37:03,93:08:42,7	17:51,9
7	Erik Slettahaug	Lesja og Dovre	1:23:23,9	27:56,9	42:10,2	37:56,63:11:27,6	20:36,8
8	Arne Opdahl	Oppdal sykkelklubb	1:24:52,2	29:05,3	41:37,0	35:53,43:11:27,9	20:37,1
9	Teodor Gravem	Sunndal SK	1:26:07,2	27:52,2	41:35,8	35:56,53:11:31,7	20:40,9
10	Terje Drege Rusten	Geiranger IL	1:28:23,2	31:03,9	42:56,0	40:03,73:22:26,8	31:36,0
11	Rolf Grytbakk	ottadalen sykkelklubb	1:28:42,5	31:43,2	45:19,7	40:04,43:25:49,8	34:59,0
12	Øystein Meland	Reinertsen	1:40:22,1	30:37,5	42:56,2	37:49,53:31:45,3	40:54,5
13	Bjarne Storset	nesset ck	1:30:08,9	33:17,0	49:44,3	38:39,73:31:49,9	40:59,1
14	Asbjørn Hole	Ulstein og omegn	1:33:16,0	32:54,7	45:05,0	40:34,53:31:50,2	40:59,4
15	Rolf Arne Vikan	fræna sykkelklubb	1:41:00,7	30:47,1	45:18,2	40:48,73:37:54,7	47:03,9
16	Bjørn Magne Øverås	Eresfjord I.L.	1:35:37,0	33:02,5	47:14,6	42:14,83:38:08,9	47:18,1
17	Asbjørn Rud	Ullensaker CK / ICA	1:56:28,1	32:39,5	47:58,8	45:48,14:02:54,5	1:12:03,7
18	Arve Kamsvåg	Team Avinor	1:50:56,0	35:05,6	52:17,2	44:41,84:03:00,6	1:12:09,8
19	Erik Opdahl	Batnfjord	2:06:54,1	34:19,3	50:11,7	41:20,54:12:45,6	1:21:54,8
20	Arne-Kristian Eliassen	Gjensidige Sport	2:00:04,6	1:38:11,3	48:25,5	4:26:41,4	1:35:50,6
21	Harald Nerbø	Eide IL/Humbil	2:05:18,8	36:19,5	58:28,6	51:49,24:31:56,1	1:41:05,3

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Plass	Navn	Klubb	Mellomtid	Tid	Etter
M55-59					
22	Leif Terje Bergseth	molde ck	2:16:22,4 34:55,8 58:39,2 47:02,64:	37:00,0	1:46:09,2
Antall	22	Påmeldte: 25	Startende: 25	Ant. poster 2	
M60-64					
1	John Walter Larsen	TVK/Norske Skog BIL	1:43:53,6 37:56,2 34:27,9	2:56:17,7	
2	Ole-Petter Hansen	Ottadalen SK	1:15:33,2 27:34,5 1:19:15,2	3:02:22,9	06:05,2
3	arnt kjersem	rauma s.k	1:20:58,4 28:08,2 39:02,9 36:59,93:	05:09,4	08:51,7
4	Oddvar Kjersem	Tomrefjord IL - Sykkel	1:21:30,9 27:52,5 41:05,2 36:49,63:	07:18,2	11:00,5
5	Leif Brekken	sunndal	1:21:14,8 29:08,8 42:22,2 39:55,03:	12:40,8	16:23,1
6	Øyvind Havnen	molde ck	1:25:15,1 28:45,0 41:55,8 38:00,53:	13:56,4	17:38,7
7	Jarle Magne Stene	Oppdal sykkelklubb	1:27:06,0 28:13,4 42:23,5 37:17,23:	15:00,1	18:42,4
8	Erik Lindeberg	Gauldal SK	1:28:29,0 29:09,5 42:21,2 37:21,13:	17:20,8	21:03,1
9	Bjørn Brekke	trollheimen sykkelklubb	1:32:28,9 29:57,2 44:07,2 39:16,53:	25:49,8	29:32,1
10	Kjell Pedersen	Gjensidige Sport	1:35:07,9 31:29,4 44:59,6 39:09,13:	30:46,0	34:28,3
11	Svein Vestre	Tomrefjord il sykkel	1:43:19,2 32:44,5 47:59,5 42:41,83:	46:45,0	50:27,3
Antall	11	Påmeldte: 14	Startende: 14	Ant. poster 2	
M65-69					
1	Kjell Ove Kleivenes	NOTEAM	1:22:27,1 30:01,0 43:33,1 38:46,33:	14:47,5	
2	Trygve Gule	Molde Cykleklubb	1:25:27,3 30:00,8 43:36,3 39:27,73:	18:32,1	03:44,6
3	Harry Martin Sekkesæter	Tine Midt-Norge	1:40:06,0 31:23,5 45:13,2 41:13,23:	37:55,9	23:08,4
4	Arnstein Digernes	Lesja & Dovre	1:43:36,9 32:09,2 47:51,7 42:59,33:	46:37,1	31:49,6
5	Asbjørn Ranvik	Rolls-royce.marine	1:51:41,6 33:09,7 49:16,2 41:07,23:	55:14,7	40:27,2
Antall	5	Påmeldte: 6	Startende: 6	Ant. poster 2	
M70-74					
1	jørgen chiodera	boc	1:29:39,5 31:03,0 44:38,0 37:40,63:	23:01,1	
2	Åsmund Kanestrøm	NOTEAM	1:28:22,3 31:39,3 44:34,9 41:30,93:	26:07,4	03:06,3
3	Asbjørn Melby	CK Nettet	1:46:47,6 34:11,3 48:24,3 43:40,73:	53:03,9	30:02,8
Antall	3	Påmeldte: 3	Startende: 3	Ant. poster 2	
M75-79					
1	Ole Tøfte-Furu	Oppdal sykkelklubb	1:55:06,2 33:04,9 47:25,8 43:15,23:	58:52,1	
Antall	1	Påmeldte: 1	Startende: 1	Ant. poster 2	
Trim					
1	Torbjørn Koksvik	NOTEAM	1:42:54,9 56:31,2	2:39:26,1	
2	Ketil Nøsavik	NOTEAM	1:29:27,1 28:53,5 41:56,3 35:59,43:	16:16,3	36:50,2
Antall	2	Påmeldte: 3	Startende: 3	Ant. poster 2	
M17-19					
1	Henrik Hollingsæter Kippernes	TVK	1:01:59,3 22:31,0 32:17,1 32:04,02:	28:51,4	
2	Kristian Eliassen	Molde CK / Team	1:04:59,4 23:41,8 33:35,8 33:24,32:	35:41,3	06:49,9
3	John Ola Buøy	CK Victoria	1:05:15,2 23:25,8 34:08,9 32:53,52:	35:43,4	06:52,0
4	Bjørn Tore Hoem	CK-Nor	1:04:59,3 24:34,7 33:19,9 34:54,32:	37:48,2	08:56,8
5	Vegard Eliassen	Molde CK / Team	1:03:42,7 24:58,6 1:15:08,0	2:43:49,3	14:57,9
6	Endre Langaas	Nidelv	1:15:30,9 1:03:04,0 34:55,8	2:53:30,7	24:39,3
7	Bjarte Rød	Nettet CK Elite	1:10:16,9 27:30,8 40:19,8 36:48,12:	54:55,6	26:04,2
8	Håkon Johannessen	molde ck	1:17:41,2 26:49,0 39:04,1 35:35,72:	59:10,0	30:18,6
9	Øystein Hølen	nesset ck	1:16:09,5 29:09,2 40:38,5 40:48,73:	06:45,9	37:54,5

Resultatliste

Aursjorittet

2008-08-02

Plass	Navn	Klubb	Mellomtid	Tid	Etter
M17-19					
10	Fredrik Lurvik	TVK	1:12:37,1 30:06,6	50:30,7 34:05,53: 07:19,9	38:28,5
11	Mostafa Feyzi	Nesset cykkelklubb	1:16:22,3 33:29,2	42:11,6 38:06,33: 10:09,4	41:18,0
12	Nikolai Langset	nesset ck	1:56:44,4 38:56,2	1:02:45,9 46:48,32: 25:15,3	1:56:23,9
Antall	12	Påmeldte: 14	Startende: 14	Ant. poster 2	

M20-24

1	Mikael Brunsvik	Nesset CK Elite	1:02:00,8 22:29,8	32:16,3 31:35,02: 28:21,9	
2	Ola Inge Drøpping	Nesset CK Elite	1:01:59,7 22:30,4	32:18,2 31:53,92: 28:42,2	00:20,3
3	Lars Solheim	CK Støren	1:03:02,8 22:50,0	33:07,3 32:53,32: 31:53,4	03:31,5
4	Bersvenn Støen	Savalen sk	1:03:33,9 23:11,0	34:25,3 33:42,52: 34:52,7	06:30,8
5	Edgar Eidsheim	Nesset CK Elite	1:02:00,4 24:05,5	36:11,9 35:17,82: 37:35,6	09:13,7
6	Are Siljan Børset	NTNUI	1:03:03,2 24:44,8	35:09,5 36:13,02: 39:10,5	10:48,6
7	Kaj Andre Døving	Rauma SK	1:10:19,4 25:17,1	36:59,5 35:42,12: 48:18,1	19:56,2
8	Oddmund Langset	Nesset CK Elite	1:12:41,6 30:02,8	39:56,7 35:45,02: 58:26,1	30:04,2
9	Rune Vegard Bakken	Lesja og Dovre	1:16:09,1 26:02,1	39:28,9 36:59,32: 58:39,4	30:17,5
10	Steinar Hovde	molde ck	1:15:09,7 27:44,3	43:40,4 38:37,13: 05:11,5	36:49,6
11	Odd Jøran Øverli	Fræna sk	1:33:54,3 29:11,7	45:07,0 37:35,63: 25:48,6	57:26,7
12	Odd arne kvernberg	nesset ck	1:37:31,0 31:19,8	43:39,9 37:38,53: 30:09,2	1:01:47,3
13	Svein Ivar Nerland	KPMG	1:26:17,3 34:38,6	47:24,4 41:51,93: 30:12,2	1:01:50,3
14	Øystein Hundseth	NOTEAM	1:30:11,9 30:16,7	48:57,2 41:57,73: 31:23,5	1:03:01,6
15	Kjetil Engen	Lesja og Dovre	1:28:40,1 32:50,2	50:07,7 40:06,43: 31:44,4	1:03:22,5
16	Morten Arnesen	NOTEAM	1:30:11,8 31:46,4	48:18,0 44:27,93: 34:44,1	1:06:22,2
Antall	16	Påmeldte: 21	Startende: 21	Ant. poster 2	